

Science - Can you create your own healthy meal with the right amount of each food group?



Fruit and vegetables



Fish and meat



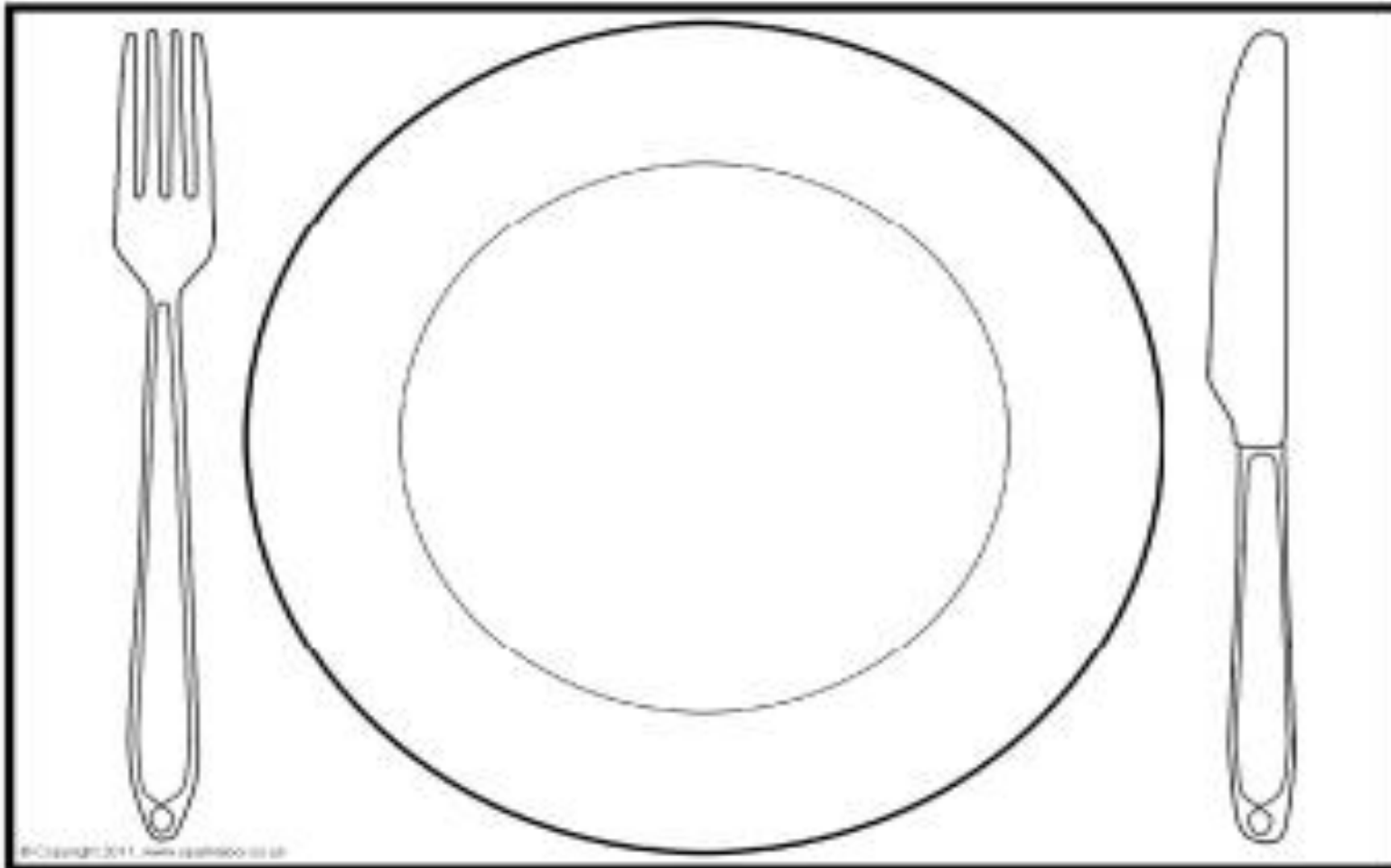
Carbohydrates



Fats and sugars



Milk and dairy



Can you colour it in using this key?

KEY

Fruits = red

Dairy = blue

Meat & fish = purple

Vegetables = green

Carbohydrates = brown