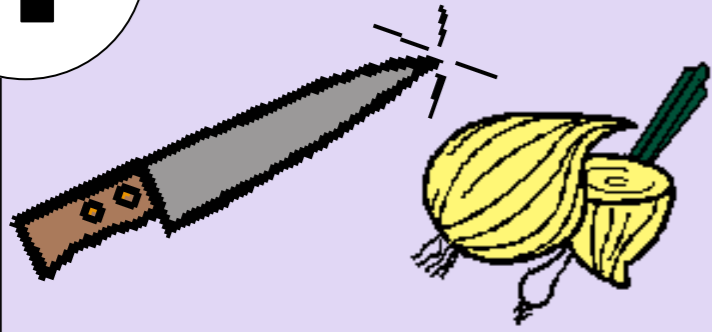


Potato and lentil Curry

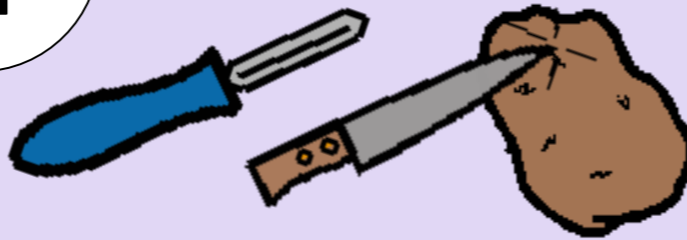
Objective-
To be able to follow a symbol recipe independently or with decreasing support
To be able to adapt a dish to suit personal tastes

1



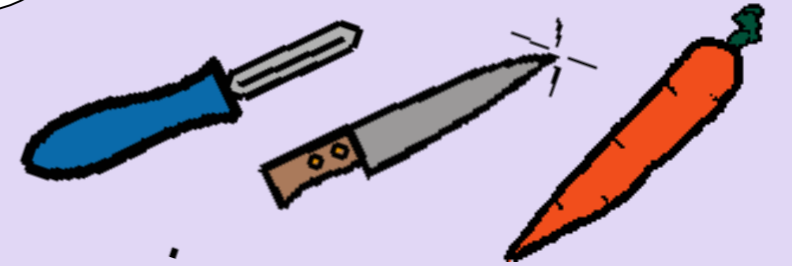
chop onion

2



peel and chop
potatoes

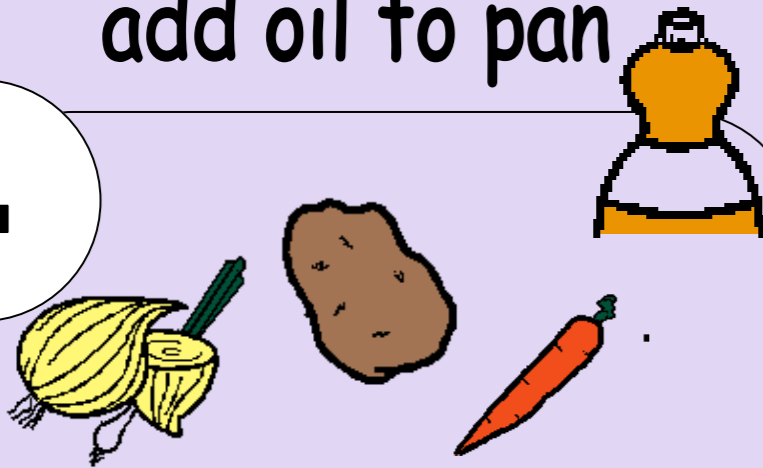
3



peel and chop
carrots

4

add oil to pan



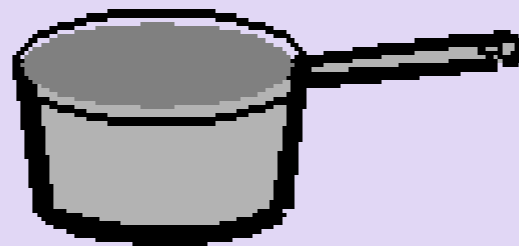
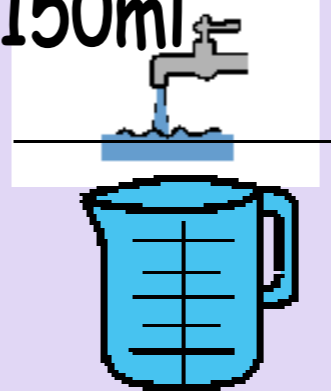
fry veg in oil

5



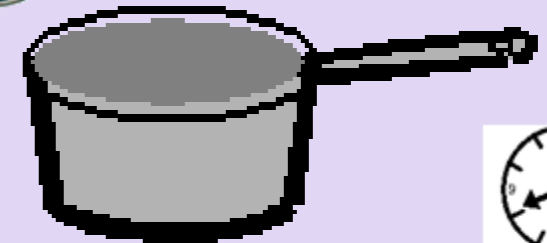
1 dspn

150ml



6

add tomatoes, lentils
and stir



20 mins